

CRISIS SUPPORT RESOURCES—Allegheny County, PA

National Crisis Text Line

- Text “LISTEN” to 741-741

These toll-free crisis hotlines offer 24-hour suicide prevention and support. Your call is free and confidential.

National Suicide Prevention Lifeline Phone Number

- 1-800-273-TALK (8255)

National Hopeline Network

- 1-800-SUICIDE (1-800-784-2433)

http://www.helpguide.org/topics/suicide_prevention.htm

Re:Solve Crisis Network 24 hours a day, 365 days a year

- **Telephone:** call any time and speak with a trained counselor at **1-888-7-YOU CAN (1-888-796-8226)**.
- **Mobile dispatch unit:** our trained crisis counselors will travel to where you are — anywhere in Allegheny County.
- **Walk in:** you don't need an appointment when you visit our North Braddock Avenue location, near Pittsburgh, Pa. Just walk in and talk about your concerns or those of a family member or friend.
- **Residential services:** Residential and/or overnight services are accessible only for individuals, ages 14 and older, whose crisis extends over a period of time. We provide up to 72 hours of residential services at our North Braddock Avenue location. An individual may not admit him or herself for residential services, but rather would be assessed during walk-in and then referred to residential services by a staff member. Individuals must have a diagnosis to be admitted to residential, (but that could happen during a walk-in evaluation).

Our 150-member crisis team includes crisis intervention-trained:

- Psychiatrists
- Counselors
- Crisis nurses
- Crisis service coordinators
- Peer support staff

Allegheny County Peer Support Warmline Service

- 1-866-661-WARM (9276)
- Hours of service are 2 pm to 10 pm, 7 days a week.