

CRISIS SUPPORT RESOURCES—Washington County, PA

National Crisis Text Line

- Text “LISTEN” to 741-741

These toll-free crisis hotlines offer 24-hour suicide prevention and support. Your call is free and confidential.

National Suicide Prevention Lifeline Phone Number

- 1-800-273-TALK (8255)

National Hopeline Network

- 1-800-SUICIDE (1-800-784-2433)

http://www.helpguide.org/topics/suicide_prevention.htm

Washington County “911”

- Phone: 911
- Dispatcher will link the person directly with a mental health crisis worker upon request

Washington County Crisis Line

- (877) 225-3567
- 24 hours a day, 365 days a year

Crisis services provide supportive counseling, outreach, assessment, and referral information to individuals experiencing an emotional crisis or difficulty in coping with an emotional crisis or a behavioral problem.

Emergency and Crisis Services provide telephone, walk-in, and mobile services. These are all available 24 hours a day through Southwestern Pennsylvania Human Services (SPHS).

Telephone Crisis services consist of telephone crisis counseling, consultation, and referral for individuals who exhibit emotional distress, accompanied by acute problems of mood and thought disturbance.

Walk- in Crisis services are face-to-face contacts with individuals in crisis or with individuals seeking help for persons in crisis. Services include assessment, information and referral, crisis counseling, crisis resolution, and accessing community resources.

Mobile Crisis services are individually and team delivered crisis intervention services that are provided at a community site where the crisis is occurring or a place where a person in crisis is located, such as the person's home or school. Mobile Crisis services include assessment, counseling, crisis resolution, referral, and follow-up.

Crisis staff works to provide immediate responses to a mental health emergency by:

- De-escalating and supporting an individual or family in a crisis
- Serve as a liaison for state and local police, emergency departments, mental health facilities, programs, and providers
- Provide risk assessments and psychosocial assessment
- Provide brief follow-up and support to individuals and families after a crisis
- Provide information and referrals to individuals and families
- Identify alternatives to hospitalization when possible, and assist with facilitation of voluntary or involuntary hospitalization when appropriate

Washington County Warmline Service

- **Local number - (724) 223-1026 or Toll Free - 1-800-MHA-2466**
- Hours of operation for the Warmline: 6 pm-9 pm, 7 days a week, except major holidays

The Warmline is a telephone line for mental health consumers and family members of Washington and Fayette Counties to call and receive non-emergency peer support and/or community resource information. *This phone line is unique as it is not a crisis line.*